

GCSE P.E. Revision Hub for AEI Paper 2

Topic 1 Health Fitness and Well-being	Revision Guide and Workbook	Past Papers – 2018 and 2019	Seneca Learning	GCSE P.E. Bitesize	Kahoot	PE Resource Bank – Five a Day	Quizlet	Knowledge Organiser
1.1. Physical, emotional and social health, fitness and wellbeing	Page 83 and 84	https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_que_20180519.pdf https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_que_20190518.pdf Question 2 – 2018 Question 2 a – 2019	https://senecalearning.com/en-GB/ https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdf https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c Topic 4.1.1 and 4.1.2	https://www.bbc.co.uk/bitesize/guides/z2d9j6f/revision/1	https://kahoot.com/schools-u/	https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/	https://quizlet.com/es/518313765/gcse-9-1-pe-edexcel-11123-types-of-health-flash-cards/	Health, Fitness and Well-being
1.2 The consequences of sedentary lifestyle	Page 88 and 89	https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_que_20180519.pdf https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_que_20190518.pdf Question 15 – 2019 (9mark)	https://senecalearning.com/en-GB/ https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdf https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c Topic 4.1.3	https://www.bbc.co.uk/bitesize/guides/z9gvcwx/revision/2	https://kahoot.com/schools-u/	https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/	https://quizlet.com/es/518315449/gcse-9-1-pe-edexcel-1212-consequences-of-sedentary-lifestyle-flash-cards/	

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1.3 Energy use, diet, nutrition and hydration	Pages 90,91,92 and 94	https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20180519.pdf https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20190518.pdf Questions 9 and 12 - 2018 Questions 11 and 12 - 2019	https://senecalearning.com/en-GB/ https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdff https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c Topic 4.2 - All	https://www.bbc.co.uk/bitesize/guides/zyp6sg8/revision/1 https://www.bbc.co.uk/bitesize/guides/zyp6sg8/revision/2 https://www.bbc.co.uk/bitesize/guides/zyp6sg8/revision/3 https://www.bbc.co.uk/bitesize/guides/zyp6sg8/revision/4	https://kahoot.com/schools-u/	https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/	https://quizlet.com/es/518315813/gcse-9-1-pe-edexcel-1312-a-balanced-diet-macronutrients-flash-cards/ https://quizlet.com/es/518316134/gcse-9-1-pe-edexcel-133-micronutrients-flash-cards/ https://quizlet.com/es/518318108/gcse-9-1-pe-edexcel-13456-optimal-weight-and-energy-balance-flash-cards/ https://quizlet.com/es/518318973/gcse-9-1-pe-edexcel-137-hydration-flash-cards/	Diet and Nutrition
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Topic 2 Sport Psychology	Revision Guide and Workbook	Past Papers – 2018 and 2019	Seneca Learning	GCSE P.E. Bitesize	Kahoot	PE Resource Bank – Five a Day	Quizlet	Knowledge Organiser
2.1 Classification of skills	Page 95 and 96	https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20180519.pdf https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20190518.pdf Question 4 – 2018 Question 5 - 2019	https://senecalearning.com/en-GB/ https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdff https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c Topic 5.1.1 and 5.1.2	https://www.bbc.co.uk/bitesize/guides/zpd9j6f/revision/1 https://www.bbc.co.uk/bitesize/guides/zpd9j6f/revision/2 https://www.bbc.co.uk/bitesize/guides/zpd9j6f/revision/3 https://www.bbc.co.uk/bitesize/guides/zpd9j6f/revision/4	https://kahoot.com/schools-u/	https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/	https://quizlet.com/es/518319258/gcse-9-1-pe-edexcel-211-skill-classification-flash-cards/	Sport Psychology

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<p>2.2 The use of goal setting and SMART targets to improve and/or optimise performance</p>	<p>Page 99 and 100</p>	<p>https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20180519.pdf</p> <p>https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20190518.pdf</p> <p>Question 7 – 2018 Question 3 and 4 - 2019</p>	<p>https://senecalearning.com/en-GB/</p> <p>https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdf</p> <p>https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c</p> <p>Topic 5.1.3</p>	<p>https://www.bbc.co.uk/bitesize/guides/z8byrdm/revision/1</p> <p>https://www.bbc.co.uk/bitesize/guides/z8byrdm/revision/2</p>	<p>https://kahoot.com/schools-u/</p>	<p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/</p>	<p>https://quizlet.com/gb/515459337/goal-setting-and-smart-targets-sports-psychology-pe-gcse-91-flash-cards/</p>	<p>Sport Psychology</p>
<p>2.3 Guidance and Feedback on performance</p>	<p>Page 103</p>	<p>https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20180519.pdf</p> <p>https://qualifications.pearsen.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20190518.pdf</p> <p>Questions 14 (9 marks) - 2019</p>	<p>https://senecalearning.com/en-GB/</p> <p>https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdf</p> <p>https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c</p> <p>Topic 5.2.2</p>	<p>https://www.bbc.co.uk/bitesize/guides/zcshycw/revision/1</p> <p>https://www.bbc.co.uk/bitesize/guides/zcshycw/revision/2</p>	<p>https://kahoot.com/schools-u/</p>	<p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/</p>	<p>https://quizlet.com/es/518323680/gcse-9-1-pe-edexcel-2334-types-of-feedback-flash-cards/</p>	<p>Sport Psychology</p>

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Topic 3 Socio-cultural Influences	Revision Guide and Workbook	Past Papers – 2018 and 2019	Seneca Learning	GCSE P.E. Bitesize	Kahoot	PE Resource Bank – Five a Day	Quizlet	Knowledge Organiser
3.1 Engagement patterns of different social groups in physical activity and sport	Pages 105, 106 and 107	<p>https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions-20180519.pdf</p> <p>https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions-20190518.pdf</p> <p>Question 6 – 2018 (Data) Question</p>	<p>https://senecalearning.com/en-GB/</p> <p>https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdff</p> <p>https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c</p> <p>Topic 6.1.1, 6.1.2, 6.1.3 and 6.1.4</p>	<p>https://www.bbc.co.uk/bitesize/guides/zp7wmnb/revision/1</p> <p>https://www.bbc.co.uk/bitesize/guides/zp7wmnb/revision/3</p> <p>https://www.bbc.co.uk/bitesize/guides/zp7wmnb/revision/4</p> <p>https://www.bbc.co.uk/bitesize/guides/zp7wmnb/revision/5</p>		<p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/</p>	<p>https://quizlet.com/es/518325349/gcse-9-1-pe-edexcel-311-participation-rates-amongst-social-groups-flash-cards/</p>	
3.2 Commercialisation of physical activity and sport	Pages 108, 109 and 110	<p>https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions-20180519.pdf</p> <p>https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions-20190518.pdf</p> <p>Question 8 - 2018 Question 13 - 2019</p>	<p>https://senecalearning.com/en-GB/</p> <p>https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdff</p> <p>https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c</p> <p>Topic 6.2 - All</p>	<p>https://www.bbc.co.uk/bitesize/guides/ztqd2p3/revision/1</p> <p>https://www.bbc.co.uk/bitesize/guides/ztqd2p3/revision/2</p> <p>https://www.bbc.co.uk/bitesize/guides/ztqd2p3/revision/3</p> <p>https://www.bbc.co.uk/bitesize/guides/ztqd2p3/revision/4</p>		<p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/</p> <p>https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/</p>	<p>https://quizlet.com/es/518326074/gcse-9-1-pe-edexcel-322-impact-of-commercialisation-flash-cards/</p> <p>https://quizlet.com/es/518325650/gcse-9-1-pe-edexcel-321-commercialisation-and-media-in-sport-flash-cards/</p>	

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3.3 Ethical Issues and socio-cultural issues in physical activity and sport	Page 112	https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20180519.pdf https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20190518.pdf Question 13 - 2018 Question 6 - 2019	https://senecalearning.com/en-GB/ https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdff https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae96a76c Topic 6.1.5	https://www.bbc.co.uk/bitesize/guides/z93fg82/revision/1 https://www.bbc.co.uk/bitesize/guides/z93fg82/revision/4		https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/	https://quizlet.com/es/518326744/gcse-9-1-pe-edexcel-331-sportsmanship-gamesmanship-and-deviance-flash-cards/	
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Topic 4 Interpreting Data	Revision Guide and Workbook	Past Papers – 2018 and 2019	Seneca Learning	GCSE P.E. Bitesize	Kahoot	PE Resource Bank – Five a Day	Quizlet	Knowledge Organiser
Need to practise data questions so that you can interpret and analyse data	Page 117	https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20180519.pdf https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/exam-materials/1PE0_02_questions_20190518.pdf Question 6 – 2018 Question 10 - 2019	https://senecalearning.com/en-GB/ https://app.senecalearning.com/classroom/course/27185c1e-9e13-4b9b-80d0-85ad994cbdff https://app.senecalearning.com/classroom/course/0952c22f-7f1d-4309-a04b-74be9ae9a76c Topics 7.1.1, 7.1.2 and 7.2.1 Quantitative, Qualitative, Presenting and Analysing Data	Go to exam skills section		https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2020-series/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-questions-2019-series-edexcel-aqa-ocr/ https://www.peresourcesbank.co.uk/gcse-pe-9-1-5-a-day-practice-exam-questions-2018-series-edexcel-aqa-ocr/	https://quizlet.com/gb/515467914/use-of-data-physical-training-pe-gcse-91-flash-cards/	